

ST. JOSEPH LUNCH MENU

SEPTEMBER

2010

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know?

The sentence, "The quick brown fox jumps over a lazy dog", uses every letter of the alphabet!

NO SCHOOL

LABOR DAY

#1 Ham, Turkey, Cheese Sub
#2 Meatball Sub
or PB&J

Spicy French Fries
Carrots w/ Dip
Fruit Choice

#1 Pork BBQ Sandwich
#2 Buffalo Chicken Tenders
or PB&J

Parsley Potatoes
Pinto Beans
Cookie
Fruit Choice

#1 Chicken Bitz
#2 Meatball w/ Gravy
Or PB&J

Buttered Noodles
Calif Blend Veggies
Roll
Fruit Choice

"BRUNCH FOR LUNCH"
#1 Pancakes
#2 French Toast Sticks
or PB&J

Sausage Patty
Egg Patty
Potato Rounds
Fruit Choice

#1 Nachos w/ Meat, Cheese
#2 Pepperoni Pizza
or PB&J

Lettuce, Tomato
Corn
Fruit Choice

#1 Spaghetti w/ Meat Sauce
w/Garlic Toast
#2 Pepperoni Pizza
or PB&J

Tossed Salad
Apple Crisp
Juice

"BRUNCH FOR LUNCH"
#1 Biscuits w/ Gravy
#2 French Toast Sticks
or PB&J

Sausage Patty
Potato Rounds
Sliced Tomato
Fruit Choice

#1 Hamburger/Cheeseburger
or PB&J

Scalloped Potatoes
Green Beans
Jello
Fruit Choice

#2 Salad Bar w/ Chicken Bits

#1 Hot Ham and Cheese
or PB&J

Baked Potato
Green Beans
Cookie
Fruit Choice

#2 Salad Bar w/ Baked Potato

#1 Grilled Cheese
or PB&J

Chicken Noodle Soup
Potato Smiles
Jello
Fruit Choice

#1 Salad Bar w/ Chicken Bitz

#1 Hamburger/Cheeseburger
or PB&J

French Fries
Corn
Fruit Choice

#2 Salad Bar w/ Chicken Bitz

#1 Grilled Cheese
or PB&J

Chili
Tater Tots
Jello
Fruit Choice

#2 Salad Bar w/ Chili

#1 Spaghetti w/ Meat Sauce
w/Garlic Toast
#2 Chicken Sandwich
or PB&J

Tossed Salad
Calif Blend Veggies
Fruit Choice

#1 Pork Barbecue Sandwich
#2 Hot Dog
or PB&J

French Fries
Baked Beans
Fruit Choice

#1 Lasagna w/ Bread Stick
#2 Pepperoni Pizza
or PB&J

Tossed Salad
Italian Veggies
Brownie
Fruit Choice

#1 Chicken Nuggets
#2 Mozzarella Cheese Sticks
or PB&J

Mashed Potatoes
Broccoli and Cheese
Roll
Fruit Choice

#1 Tacos-Hard or Soft Shell
w/ Meat, Cheese, Lettuce, Tomato
#2 Chili Crispito
or PB&J

Spanish Rice
Corn
Fruit Choice

#1 Cheese Pizza
#2 Pepperoni Pizza
Or PB&J

Corn
Pudding
Fruit Choice

#1 Chicken Rings
#2 Grilled Cheese
or PB&J

Macaroni and Cheese
Peas
Fruit Choice

#1 Turkey w/ Gravy
#2 Chicken Sandwich
or PB&J

Mashed Potatoes
Green Beans
Roll
Fruit Choice

#1 Fish Sandwich
#2 Grilled Cheese
or PB&J

Macaroni and Cheese
Creamy Cole Slaw
Fruit Choice

OCTOBER 1

#1 Cheese Pizza
#2 Pepperoni Pizza
Or PB&J

Mini-Carrots w/ Dip
Baked Apples
Graham Cracker
Juice

Milk (8 oz) is served daily with lunch and is included in the full lunch price of \$2.00.

Choice of Fruit or a 4 oz 100% Fruit Drink is offered as a choice daily and is included in lunch.

Peanut Butter Sandwich is offered daily as an alternative to the main entrees.

A La Carte

Milk or Juice \$.50
Bottled Water \$ 1.00
Bottled Apple Juice \$ 1.00

Available only if
Purchasing a full lunch:

Ice Cream \$ 1.00
Extra Main Entrée \$ 1.50
Extra Fruit, Fries, Veggies,
Roll, Dessert \$.50
Yogurt, String Cheese \$.50

Note: Unless you send a note to school specifying otherwise, your child may purchase any of these any time they wish from their lunch account.

A La Carte items cannot be charged.

Visitors are always welcome to eat lunch with us. Visitor's lunches are \$3.00. Please call the office by 9:30 am if you are joining us for lunch so enough food can be prepared.

back to school

1+1=



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